

YING TSAO

Professor; RN; PhD

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EDUCATION

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|------------|---|---------------------|
| PhD | School of Nursing and Midwifery, Griffith University,
Australia
Dissertation: "Emotional well-being of childbearing women:
A comparison of nationals and foreign brides in Taiwan"
Advisor: <u>Professor Debra K Creedy</u> | 2005/Feb.~2008/Feb. |
| MS | Institute of Nursing, National Taiwan University
Thesis: "Factors associated with maternal stress in pediatric
cardiac intensive care unit"
Advisor: <u>Professor Yueh-chih Chen</u> | 1992/July~1995/Feb. |
| BS | Department of Nursing, Kaohsiung Medical University | 1986/June~1989/June |

WORK EXPERIENCE

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|--|---|---------------------|
| Professor | Department of Nursing, Tzu Chi University | 2020/Feb. ~Present |
| Associate Professor | Department of Nursing, Tzu Chi University | 2011/Aug.~2020/Jan. |
| Associate Professor | Department of Nursing, Tajen University | 2008/Feb.~2011/July |
| Senior Lecture | Department of Nursing, Tajen University | 1995/Aug.~2008/Jan. |
| Military Instructor &
Nursing Teacher | National Pingtung Institute of Commerce | 1997/Aug.~1998/July |
| Teaching Assistant | Chang Gung Institute of Nursing | 1989/July~1992/July |
| Registered Nurse | Chang Gung Memorial Hospital | 1983/Oct.~1986/June |

RESEARCH EXPERIENCE AND INTERESTS

Main sphere of research is focused on health of women and children, professional practice and patient's outcomes. Research activities demonstrate a commitment towards undertaking collaborative research with partners from schools and businesses to nonprofits and government agencies. Current studies involve the application of auricular acupressure (a part of Traditional Chinese Medicine) in women with gynecological cancer.

RECENT PUBLICATIONS

- Huang, X. L., **Tsao*, Y.**, Chung, H. C., & Creedy, D. K. (2021). Effects of a mobile phone application for graduate nurses to improve central venous catheter care: A randomized controlled trial. *Journal of Advanced Nursing*, 77(5), 2328-2339.
<https://doi.org/10.1111/jan.14735>
 (SSCI; IF: 2.561; Ranking in Nursing: 6/123; Q1; 2019)
- Wu, T. T., Pan, H. W., Kuo, H. C., Chen, S. N., Creedy, D. K., **Tsao*, Y.** (2021). Concomitant benefits of an auricular acupressure intervention for women with cancer on family caregiver sleep quality. *Cancer Nursing*, 44(5):E323-E330.
 DOI: [10.1097/NCC.0000000000000842](https://doi.org/10.1097/NCC.0000000000000842)
 (SSCI; IF: 2.022; Ranking in Nursing: 20/120; Q1; 2018)
- Tsao*, Y.** & Creedy, D. K.(2019). Auricular acupressure: Reducing side-effects of chemotherapy in women with ovarian cancer. *Supportive Care in Cancer*. 27(11), 4155-4163. DOI.org/10.1007/s00520-019-04682-8
 (SSCI; IF: 2.676; Ranking in Health Care Sciences & Services: 23/94; Q1; 2017)
- Kuo , H. C., **Tsao*, Y.**, Tu, H. Y., Dai, Z. H., & Creedy, D. K.(2018). Pilot randomized controlled trial of auricular point acupressure for sleep disturbances in women with ovarian cancer. *Research in Nursing and Health*. 41(5), 469-479.
 DOI: 10.1002/nur.21885.
 (SSCI; IF: 1.762; Ranking in Nursing: 25/118; Q1; 2017)
 HCK and YT contributed equally to this work and share first authorship.
- Kuo , H. C., Pan, H. H., Creedy, D. K., & **Tsao*, Y.** (2018). Distraction-based interventions for children undergoing venipuncture procedures: A randomized controlled study. *Clinical Nursing Research*, 27(4), 467-482. DOI: 10.1177/1054773816686262
 (SSCI; IF: 1.466; Ranking in Nursing: 39/118; Q2; 2017)
- Tsao, Y.**, Kuo H-C, Lee H-C, Yiin* S-J. (2017). Developing a medical picture book for reducing venipuncture distress in preschool-aged children. *International Journal of Nursing Practice*, 23(5), 1-8. DOI.org/10.1111/ijn.12569
 (SSCI; IF: 0.98; Ranking in Nursing: 64/114; Q3; 2016)
- Tsao*, Y.**, Creedy, D. K., & Gamble, J. (2016). A comparison of life stress and depressive symptoms in pregnant Taiwanese and immigrant women. *Journal of Nursing Research*, 24(3), 277-284. DOI: 10.1097/jnr.0000000000000137
 (TSSCI; IF: 0.970; Ranking in Nursing: 54/109; Q2; 2014)
- Tsao*, Y.**, Creedy, D. K., & Gamble, J. (2015). An exploration of parenting stress in Taiwanese and immigrant mothers. *Journal of Perinatal and Neonatal Nursing*, 29(4):287-295.DOI: 10.1097/JPN.0000000000000123
 (SSCI; IF: 1.100; Ranking in Nursing: 43/109; Q2; 2014)

Tsao*, Y., Creedy, D. K., & Gamble, J. (2015). Prevalence and psychological correlates of postnatal depression in rural Taiwanese women. *Health Care for Women International*, 36(4), 457-474. DOI:10.1080/07399332.2014.946510
(SSCI; IF: 0.802; Ranking in Women's Studies: 16/41; Q2; 2014)

Tsao*, Y., Creedy, D. K., & Gamble, J. (2015). Emotional well-being of Vietnamese immigrant women during the transition to motherhood: A descriptive cohort study. *Nursing and Health Sciences*, 17(1), 49-56. DOI: 10.1111/nhs.12143
(SSCI; IF: 1.042; Ranking in Nursing: 45/109; Q2; 2014)

郭惠貞、陳柔蓁、駱宛瑩、**曹英*** (2021) 。提升婦癌化學治療病人手足症候群護理指導完整率之專案。領導護理，

黃湘玲、**曹英*** (2021) 。年輕人的顱內炸彈-腦動靜脈畸形。全聯護訊，143，7-9。

曹英* (2021) 。危機即轉機。花蓮縣護理師護士公會護訊期刊，1，8-10。(4月)

曹英* (2020) 老師這樣說：協助遠距安心就學。志為護理，19(3)，51-53。

曹英* (2019) 。耳穴按壓對睡眠障礙卵巢癌婦女之前導性隨機臨床試驗研究。花蓮縣護理師護士公會護訊期刊，2，3-5。(7月)

曹英* (2018) 。創造思考教學於護理教育領域之應用。花蓮縣護理師護士公會護訊期刊，2，5-7。(9月)

曹英* (2017) 。故事繪本應用於接受靜脈注射兒童之成效。花蓮縣護理師護士公會護訊期刊，4，5-12。(12月)

劉美秀、**曹英*** (2016) 。新生兒聽力缺損之篩檢與照護需求。護理雜誌，63(6)，120-126。

郭惠貞、蔡宜蓓、陸俐君、**曹英*** (2016) 。兒科病房生物醫療廢棄物減量之改善成效。源遠護理，10(2)，39-47。

曹英* (2015) 。剖腹產議題的回顧與探討。高雄護理雜誌，32(2)，95-105。

呂凱莉、黃秀美、吳心怡、**曹英*** (2015) 。慢性精神病患減重達成率之改善方案。高雄護理雜誌，32(1)，18-29。

曹英* (2013) 。男性與護理工作。嘉基護理雜誌，13(1)，1-9。

曹英* (2013) 。專師異視界—慈濟大學專科護理師育培經驗分享。慈濟護理雜誌，12(3)，42-42。

曹英* (2012) 。性別及多元文化課程之建置與成效評估—以技職院校護理系為例。健康管理學刊，10(2)，115~125。

曹英* (2011) 。台灣地區兒童視覺障礙與健康照護。澳門護理雜誌，10(2)，45~47。

曹英*、邱玉珍（2010）・協助一位晚期胃癌病人的護理經驗・若瑟醫護雜誌，4 (1)，112-124。

曹英*、黃秋萍（2010）・住院及需長期管灌老人之營養與照護品質提昇計畫・大仁學報，36，169-184。

International Conference Papers

Liu, Ming-Li., Lin, ea –Ping., & Tsao*, Y. (2021, September). Positive practice environment mediates burnout and intention to stay of registered nurses in Taiwan. Paper presented at 2021 ICN Congress Virtual Conference: Nursing around the world.

Huang, X. L., Chung, H. C., Tsai, S. T., & Tsao*, Y. (2020, September). A randomized controlled trial of the effectiveness of mobile-based video learning on clinical knowledge and skill acquisition of new graduate nurses. Paper presented at 2020 Taiwan International Nursing Conference Endorsed by ICN, 2020 TWICN, Taipei, Taiwan.

Tsao*, Y. (2020, June). A case report of triplet births after assisted reproduction treatment. Paper presented at Advocacy and Policy 2020: Strengthening the Voices and Capacities of Health Professionals, Chiang Mai, Thailand.

Chang, C. M., & Tsao*, Y. (2019, October). Effect of early positioning on patient received angiography. Paper presented at G-I-N & JBI 2019 Conference Trustworthy Evidence for Questions That Matter, Adelaide, Australia.

Chang, C. M., & Tsao*, Y. (2019, October). Horticultural therapy for schizophrenia. Paper presented at G-I-N & JBI 2019 Conference Trustworthy Evidence for Questions That Matter, Adelaide, Australia.

Fan, C. H., & Tsao*, Y. (2019, August). The influential determinants of sugar-sweetened beverages excess consumption and its impact on the health among female adolescence. Paper presented at 2019 AAPINA & TWNA Joint International Conference, Taichung, Taiwan.

Kuo, H. P., & Tsao*, Y. (2019, June). The effectiveness of cartoon interventions for hospitalized children undergoing intravenous injection procedures. Paper presented at ICN Congress 2019 Beyond Health care to Health, Bayfront Ave, Singapore

Tsao*, Y. (2017, November). *Reproductive health among indigenous women in Taiwan*. Paper presented at The Nursing Leading Global Health Advancement, Hualien, Taiwan.

Tsao*, Y., & Wu, M. L. (2016, January). *Using action research to develop, implement and evaluate a curriculum in Bachelor nursing students*. Paper presented at The 2nd Asian Congress in Nursing Education, Tainan, Taiwan.

Tsao*, Y. (2015, October). *Dancing together: Maternal and infant characteristics*. Paper presented at The 2015 Conference on Teaching Excellence, Ilan, Taiwan

曹英* (2015 年, 10 月)・兩人起舞：婦嬰篇·於國立宜蘭大學主辦，2015 卓越教學學術研討會・宜蘭市：宜蘭大學。

曹英* (2012 年, 5 月)・建構「性別及多元文化思維」的護理課程發展計畫・於慈濟大學師資培育中心主辦，各級教育階段特色課程發展學術研討會・花蓮：慈濟大學多功能會議室。

曹英* (2011, 6 月)・性別、文化與健康・於中山大學主辦，新興議題與專業教育改革中綱計畫期末成果分享會・高雄：捷運美麗島站三多廳。

曹英* (2010, 6 月)・以社會文化觀點為導向的社區式健康照護・於成功大學醫學院主辦，醫學社會人文與多元文化教育－跨領域教學經驗分享工作坊・台南：成功大學醫學院 4 樓會議室。

(三)專書

曹英* (2016)・視覺及聽覺障礙與保健·於穆佩芬總校閱，兒童及青少年健康照護（一版，165~210）・台北：華杏。(ISBN: 978-986-194-412-8)。

曹英* (2016)・性教育與兩性關係·於穆佩芬總校閱，兒童及青少年健康照護（一版，289-338）・台北：華杏。(ISBN: 978-986-194-412-8)。

曹英*、張麗娟、江曉菁 (2012)・婦女健康課程對應屆畢業護生文化能力成效之前趨研究・於黃玫瑰編著，2011 家庭福祿－開啟多元助人專業之對話（167~177 頁）・屏東：大仁科技大學。(ISBN: 978-986-6140-21-1)

曹英* (2009)・骨骼肌肉系統評估·於林靜幸合著，身體檢查與評估指引（初版，545-600 頁）・台北：新文京。(ISBN: 978-986-150-671-5)

曹英* (2009)・兒童身體評估・於林靜幸合著，身體檢查與評估指引（初版，601-660 頁）・台北：新文京。(ISBN: 978-986-150-671-5)