

## YING TSAO

**Professor**; RN; PhD

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### EDUCATION

<b>PhD</b>	School of Nursing and Midwifery, Griffith University, Australia Dissertation: "Emotional well-being of childbearing women: A comparison of nationals and foreign brides in Taiwan" Advisor: <u>Professor Debra K Creedy</u>	2005/Feb.~2008/Feb.
<b>MS</b>	Institute of Nursing, National Taiwan University Thesis: "Factors associated with maternal stress in pediatric cardiac intensive care unit" Advisor: <u>Professor Yueh-chih Chen</u>	1992/July~1995/Feb.
<b>BS</b>	Department of Nursing, Kaohsiung Medical University	1986/June~1989/June

### WORK EXPERIENCE

Professor	Department of Nursing, Tzu Chi University	2020/Feb. ~Present
Associate Professor	Department of Nursing, Tzu Chi University	2011/Aug.~2020/Jan.
Associate Professor	Department of Nursing, Tajen University	2008/Feb.~2011/July
Senior Lecture	Department of Nursing, Tajen University	1995/Aug.~2008/Jan.
Military Instructor & Nursing Teacher	National Pingtung Institute of Commerce	1997/Aug.~1998/July
Teaching Assistant	Chang Gung Institute of Nursing	1989/July~1992/July
Registered Nurse	Chang Gung Memorial Hospital	1983/Oct.~1986/June

### RESEARCH EXPERIENCE AND INTERESTS

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My main sphere of research is focused on women's and children's health, professional practice, and patient outcomes. My research activities demonstrate a commitment to conducting collaborative research with partners ranging from schools and businesses to nonprofits and government agencies. Currently, my studies involve the application of auricular acupressure, a component of Traditional Chinese Medicine, in women with gynecological cancer.

## RECENT PUBLICATIONS

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- Hsu, S. H., Lin, Y. L., Koo, M. C., Creedy, D. K., & **Tsao\*, Y.** (2024). Health-literacy, self-efficacy and health-outcomes of patients undergoing haemodialysis: Mediating role of self-management. *Journal of Renal Care*, [Accepted; 2024/03/13]  
<https://doi.org/10.1111/jorc.12493>  
 (SSCI; IF: 1.9; Ranking in Nursing: 67/125; Q3; 2022)
- Kuo, H. C., Lee, W. Y., Hsu, H. C., Debra K. Creedy, D. K., & **Tsao\*, Y.** (2024). Effectiveness of a digital decision aid for nutrition support in women with gynaecological cancer: A comparative study. *Nutrition and Cancer*, [Accepted; 2024/01/15]  
<https://doi.org/10.1080/01635581.2024.2307649>  
 (SSCI; IF: 2.9; Ranking in Nutrition & Dietetics: 62/88; Q3; 2022)
- Liu, M. L., Lin, Y. P., & **Tsao\*, Y.** (2023). Work environment-mediated job burnout and intention-to-stay in registered nurses. *The Journal of Nursing*, 70 (4), 36-46.  
[https://doi.org/10.6224/JN.202308\\_70\(4\).06](https://doi.org/10.6224/JN.202308_70(4).06) (ACI; MEDLINE; IF: 0.417; 2022)
- Tsao\*, Y.**, Kuo, H. C., Chen, Z. J., Liou, W. S., & Creedy, D. K. (2022). A longitudinal study to explore unmet care needs, social support, and hope of women with gynecological cancer. *Nursing & Health Science*, 24(3):742-751. <https://doi.org/10.1111/nhs.12975>  
 (SSCI; IF: 2.214; Ranking in Nursing: 54/123; Q2; 2021)
- Huang, X. L., **Tsao\*, Y.**, Chung, H. C., & Creedy, D. K. (2021). Effects of a mobile phone application for graduate nurses to improve central venous catheter care: A randomized controlled trial. *Journal of Advanced Nursing*, 77(5), 2328-2339.  
<https://doi.org/10.1111/jan.14735> (SSCI; IF: 2.561; Ranking in Nursing: 6/123; Q1; 2019)
- Wu, T. T., Pan, H. W., Kuo, H. C., Chen, S. N., Creedy, D. K., **Tsao\*, Y.** (2021). Concomitant benefits of an auricular acupressure intervention for women with cancer on family caregiver sleep quality. *Cancer Nursing*, 44(5). E323-E330.  
 DOI: [10.1097/NCC.0000000000000842](https://doi.org/10.1097/NCC.0000000000000842)  
 (SSCI; IF: 2.022; Ranking in Nursing: 20/120; Q1; 2018)
- Tsao\*, Y.** & Creedy, D. K. (2019). Auricular acupressure: Reducing side-effects of chemotherapy in women with ovarian cancer. *Supportive Care in Cancer*. 27(11), 4155-4163. DOI.org/10.1007/s00520-019-04682-8  
 (SSCI; IF: 2.676; Ranking in Health Care Sciences & Services: 23/94; Q1; 2017)
- Kuo, H. C., **Tsao\*, Y.**, Tu, H. Y., Dai, Z. H., & Creedy, D. K.(2018). Pilot randomized controlled trial of auricular point acupressure for sleep disturbances in women with ovarian cancer. *Research in Nursing and Health*. 41(5), 469-479.  
 DOI: [10.1002/nur.21885](https://doi.org/10.1002/nur.21885).  
 (SSCI; IF: 1.762; Ranking in Nursing: 25/118; Q1; 2017)  
 HCK and YT contributed equally to this work and share first authorship.

- Kuo H. C., Pan, H. H., Creedy, D. K., & **Tsao\*, Y.** (2018). Distraction-based interventions for children undergoing venipuncture procedures: A randomized controlled study. *Clinical Nursing Research, 27*(4), 467-482. DOI: 10.1177/1054773816686262  
(SSCI; IF: 1.466; Ranking in Nursing: 39/118; Q2; 2017)
- Tsao\*, Y.**, Kuo H-C, Lee H-C, Yiin\* S-J. (2017). Developing a medical picture book for reducing venipuncture distress in preschool-aged children. *International Journal of Nursing Practice, 23*(5), 1-8. DOI.org/10.1111/ijn.12569  
(SSCI; IF: 0.98; Ranking in Nursing: 64/114; Q3; 2016)
- Tsao\*, Y.**, Creedy, D. K., & Gamble, J. (2016). A comparison of life stress and depressive symptoms in pregnant Taiwanese and immigrant women. *Journal of Nursing Research, 24*(3), 277-284. DOI: 10.1097/jnr.0000000000000137  
(TSSCI; IF: 0.970; Ranking in Nursing: 54/109; Q2; 2014)
- Tsao\*, Y.**, Creedy, D. K., & Gamble, J. (2015). An exploration of parenting stress in Taiwanese and immigrant mothers. *Journal of Perinatal and Neonatal Nursing, 29*(4):287-295. DOI: 10.1097/JPN.0000000000000123  
(SSCI; IF: 1.100; Ranking in Nursing: 43/109; Q2; 2014)
- Tsao\*, Y.**, Creedy, D. K., & Gamble, J. (2015). Prevalence and psychological correlates of postnatal depression in rural Taiwanese women. *Health Care for Women International, 36*(4), 457-474. DOI:10.1080/07399332.2014.946510  
(SSCI; IF: 0.802; Ranking in Women's Studies: 16/41; Q2; 2014)
- Tsao\*, Y.**, Creedy, D. K., & Gamble, J. (2015). Emotional well-being of Vietnamese immigrant women during the transition to motherhood: A descriptive cohort study. *Nursing and Health Sciences, 17*(1), 49-56. DOI: 10.1111/nhs.12143  
(SSCI; IF: 1.042; Ranking in Nursing: 45/109; Q2; 2014)

- 曹英\* (2022) · 疫情實習期間的感念 · *花蓮縣護理師護士公會護訊期刊*, 2, 8-9。  
(7月)
- 郭惠貞、陳柔蓁、駱宛瑩、曹英\* (2021) · 提升婦癌化學治療病人手足症候群護理  
指導完整率之專案 · *領導護理*, 23 (4), 164-180。
- 黃湘玲、曹英\* (2021) · 年輕人的顱內炸彈-腦動靜脈畸形 · *全聯護訊*, 143, 7-9。
- 曹英\* (2021) · 危機即轉機 · *花蓮縣護理師護士公會護訊期刊*, 1, 8-10。(4月)
- 曹英\* (2020) 老師這樣說：協助遠距安心就學 · *志為護理*, 19 (3), 51-53。
- 曹英\* (2019) · 耳穴按壓對睡眠障礙卵巢癌婦女之前導性隨機臨床試驗研究 · *花蓮  
縣護理師護士公會護訊期刊*, 2, 3-5。(7月)
- 曹英\* (2018) · 創造思考教學於護理教育領域之應用 · *花蓮縣護理師護士公會護訊  
期刊*, 2, 5-7。(9月)
- 曹英\* (2017) · 故事繪本應用於接受靜脈注射兒童之成效 · *花蓮縣護理師護士公會  
護訊期刊*, 4, 5-12。(12月)
- 劉美秀、曹英\* (2016) · 新生兒聽力缺損之篩檢與照護需求 · *護理雜誌*, 63(6), 120-  
126。
- 郭惠貞、蔡宜禕、陸俐君、曹英\* (2016) · 兒科病房生物醫療廢棄物減量之改善  
成效 · *源遠護理*, 10(2), 39-47。
- 曹英\* (2015) · 剖腹產議題的回顧與探討 · *高雄護理雜誌*, 32(2), 95-105。
- 呂凱莉、黃秀美、吳心怡、曹英\* (2015) · 慢性精神病患減重達成率之改善方案 ·  
*高雄護理雜誌*, 32(1), 18-29。
- 曹英\* (2013) · 男性與護理工作 · *嘉基護理雜誌*, 13(1), 1-9。
- 曹英\* (2013) · 專師異視界—慈濟大學專科護理師育培經驗分享 · *慈濟護理雜誌*,  
12 (3), 42 - 42。
- 曹英\* (2012) · 性別及多元文化課程之建置與成效評估—以技職院校護理系  
為例 · *健康管理學刊*, 10 (2), 115~125。
- 曹英\* (2011) · 台灣地區兒童視覺障礙與健康照護 · *澳門護理雜誌*, 10(2),  
45~47。
- 曹英\*、邱玉珍 (2010) · 協助一位晚期胃癌病人的護理經驗 · *若瑟醫護雜誌*,  
4 (1), 112-124。
- 曹英\*、黃秋萍 (2010) · 住院及需長期管灌老人之營養與照護品質提昇計畫 ·  
*大仁學報*, 36, 169-184。

*International Conference Papers*

- Hsu, S. H., Tsao\*, Y. (2023, September). Exploring the correlations between health literacy, self-efficacy, self-management, and health outcomes in hemodialysis patients. Paper presented at the 39th Annual Nursing Research Conference. Taichung, Taiwan Medical University, Taiwan.
- Chen, M. H., & Tsao\*, Y. (2022, October). Parental treatment decision making and quality of life in children with cancer. Paper presented at 2022 Annual Meeting of Buddhist Tzu Chi Medical Foundation (TCMF). Taipei, Taiwan.
- Chung, H. C., Tsao, Y., Chou, Y. F., Huang, X. L., Chiang, J. P., & Chen, P. S. (2022, October). Applying intravenous infusion assessment in the mobile learning system teaching in nurses post-graduate year. Paper presented at 2022 Annual Meeting of Buddhist Tzu Chi Medical Foundation (TCMF). Taipei, Taiwan
- Liu, Ming-Li., Lin, ea –Ping., & Tsao\*, Y. (2021, September). Positive practice environment mediates burnout and intention to stay of registered nurses in Taiwan. Paper presented at 2021 ICN Congress Virtual Conference: Nursing around the world.
- Huang, X. L., Chung, H. C., Tsai, S. T., & Tsao\*, Y. (2020, September). A randomized controlled trial of the effectiveness of mobile-based video learning on clinical knowledge and skill acquisition of new graduate nurses. Paper presented at 2020 Taiwan International Nursing Conference Endorsed by ICN, 2020 TWICN, Taipei, Taiwan.
- Tsao\*, Y. (2020, June). A case report of triplet births after assisted reproduction treatment. Paper presented at Advocacy and Policy 2020: Strengthening the Voices and Capacities of Health Professionals, Chiang Mai, Thailand.
- Chang, C. M., & Tsao\*, Y. (2019, October). Effect of early positioning on patient received angiography. Paper presented at G-I-N & JBI 2019 Conference Trustworthy Evidence for Questions That Matter, Adelaide, Australia.
- Chang, C. M., & Tsao\*, Y. (2019, October). Horticultural therapy for schizophrenia. Paper presented at G-I-N & JBI 2019 Conference Trustworthy Evidence for Questions That Matter, Adelaide, Australia.
- Fan, C. H., & Tsao\*, Y. (2019, August). The influential determinants of sugar-sweetened beverages excess consumption and its impact on the health among female adolescence. Paper presented at 2019 AAPINA & TWNA Joint International Conference, Taichung, Taiwan.
- Kuo, H. P., & Tsao\*, Y. (2019, June). The effectiveness of cartoon interventions for hospitalized children undergoing intravenous injection procedures. Paper presented at ICN Congress 2019 Beyond Health care to Health, Bayfront Ave, Singapore
- Tsao\*, Y. (2017, November). *Reproductive health among indigenous women in Taiwan.* Paper presented at The Nursing Leading Global Health Advancement, Hualien, Taiwan.

**Tsao\*, Y.**, & Wu, M. L. (2016, January). *Using action research to develop, implement and evaluate a curriculum in Bachelor nursing students*. Paper presented at The 2<sup>nd</sup> Asian Congress in Nursing Education, Tainan, Taiwan.

**Tsao\*, Y.** (2015, October). *Dancing together: Maternal and infant characteristics*. Paper presented at The 2015 Conference on Teaching Excellence, Ilan, Taiwan

**曹英\*** (2015年, 10月)·兩人起舞：婦嬰篇·於國立宜蘭大學主辦，2015卓越教學學術研討會·宜蘭市：宜蘭大學。

**曹英\*** (2012年, 5月)·建構「性別及多元文化思維」的護理課程發展計畫·於慈濟大學師資培育中心主辦，各級教育階段特色課程發展學術研討會·花蓮：慈濟大學多功能會議室。

**曹英\*** (2011, 6月)·性別、文化與健康·於中山大學主辦，新興議題與專業教育改革中綱計畫期末成果分享會·高雄：捷運美麗島站三多廳。

**曹英\*** (2010, 6月)·以社會文化觀點為導向的社區式健康照護·於成功大學醫學院主辦，醫學社會人文與多元文化教育—跨領域教學經驗分享工作坊·台南：成功大學醫學院4樓會議室。

### (三)專書

**曹英\*** (2016)·視覺及聽覺障礙與保健·於穆佩芬總校閱，兒童及青少年健康照護（一版，165~210）·台北：華杏。(ISBN: 978-986-194-412-8)。

**曹英\*** (2016)·性教育與兩性關係·於穆佩芬總校閱，兒童及青少年健康照護（一版，289-338）·台北：華杏。(ISBN: 978-986-194-412-8)。

**曹英\***、張麗娟、江曉菁 (2012)·婦女健康課程對應屆畢業護生文化能力成效之前趨研究·於黃玫瑰編著，2011 家庭福祿—開啟多元助人專業之對話（167~177頁）·屏東：大仁科技大學。(ISBN: 978-986-6140-21-1)

**曹英\*** (2009)·骨骼肌肉系統評估·於林靜幸合著，身體檢查與評估指引（初版，545-600頁）·台北：新文京。(ISBN: 978-986-150-671-5)

**曹英\*** (2009)·兒童身體評估·於林靜幸合著，身體檢查與評估指引（初版，601-660頁）·台北：新文京。(ISBN: 978-986-150-671-5)